

Basic Principles in Occupational Hygiene

Notes and Lesson Plans

Day 5

Lesson plan: Section 19 – Behaviour and Culture

Aims: To make students aware of the importance of human factors and their role in assessment and control of risks.

Objectives:

- Inform students of current knowledge on the role of behaviour and culture
- Get students to relate to behaviour and culture.

Time (mins)	Activity	Resources
60	Lecture by tutor explaining the concepts described in the course manual. Ask students where they feel their company is on the cultural ladder. Ask them where they feel other organisations are on the cultural ladder.	PowerPoint

Lesson plan: Section 20 – Stress management

Aims: To provide students with an understanding of stress and its management in the workplace.

Objectives:

- Describe the symptoms of stress, its evaluation and management.

Time (mins)	Activity	Resources
40	Lecture by tutor explaining the concepts described in the course manual.	PowerPoint
20	Ask Students to consider/complete the HSE Stress Indicator Questionnaire. Keen tutors could get them to do this at the start of the course and analyse the results using the HSE guidance. See: http://www.hse.gov.uk/stress/standards/downloads.htm The Line Manager Competency Indicator Tool is also interesting as an illustration of the concepts if students have staff they manage.	HSE Questionnaire

Lesson plan: Section 21 – Careers in Occupational Hygiene

Aims: To give students an understanding of the types of qualifications and career path which are available in occupational hygiene.

To motivate students for further study.

Objectives:

- Explain the various qualifications in occupational hygiene.
- Explain the types of jobs undertaken by occupational hygienists.
- Discuss career aspirations.

Time (mins)	Activity	Resources
20	Lecture by tutor explaining the qualifications and careers in occupational hygiene.	PowerPoint
15	Question and Answer session by students/tutor. Tutor should try and explore the students' desired career paths and give advice accordingly.	

Possible to play video at:

<http://www.abc.net.au/acedayjobs/cooljobs/profiles/s2599607.htm>